

**TO ORDER:** Write child's name, grade and room number on paper bag and enclose with correct money where possible. Please note, if you do not supply a paper bag, please add 10c onto the price of the lunch order.

Many thanks

## LUNCH ORDERS

### UPDATED MENU –

**3<sup>RD</sup> FEBRUARY, 2020**

North Carlton Food  
577 Lygon Street,  
CARLTON NORTH 3054  
PH: 9381 1050

#### HOT FOOD



Gourmet Beef Sausage Roll	\$4.50	Roasted Vegetable Pastie	\$6.00
Spinach & Ricotta Roll	\$6.00	Shepherd's Pie	\$6.00
Aussie Pure Beef Pie	\$6.00	Thai Chicken Pie	\$6.00
Moroccan Lamb Pie	\$6.00	Chicken & Mushroom Pie	\$6.00
Butter Chicken Pie	\$6.00	Roast Lamb & Vegetable Pie	\$6.00
Steamed Shanghai Pork Bun	\$3.00	Large South Melbourne Dim Sim	\$2.50
Hot Dog (with cheese – 50c extra)	\$3.70	Sauce Sachet	20c

#### SANDWICHES (ROLLS 70c EXTRA)

Salad (Lettuce, Tomato, Carrot & Cheese)	\$4.30
Leg Ham (or Salami) with Cheese, Tomato & Lettuce	\$4.50
Prosciutto Rolle (prosciutto, parmesan cheese, rocket and EVO dressing)	\$6.80
Chicken salad sandwich	\$5.30
Salmon	\$5.50
Egg, Cheese, Carrot	\$4.50
Tuna & Lettuce	\$4.50
Vegemite Sandwich	\$1.90
Extra – Mustard, vegemite etc	60c

#### CROISSANTS

Ham, Cheese & Tomato	\$5.00	Tomato & Cheese	\$4.70
Ham & Cheese	\$4.70	Jam	\$4.00

#### CAKES, SNACKS AND DRINKS

Vanilla Slice, Custard Tart, Lamington, Hedgehog	\$3.70	Yoghurt (175g 99% fat free – strawberry, peach, fruit)	\$2.20
Large Muffin	\$3.30	Big M – 300ml (Strawberry, Banana, Chocolate)	\$2.80
Cake – Carrot or Banana	\$3.00	250ml tetra-pak Juice (Apple, orange, Multi-V)	\$2.80
Donut	\$2.20	Primas	\$1.50

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**RICE PAPER ROLLS – GF AND VEGAN OPTIONS AVAILABLE**

**\$3.90 each or 2 for \$7.00**

**All rolls may contain sesame – if you do not want – please advise**

<b>Ingredients:</b> Rice Paper Rice Noodle Cucumber Baby Spinach Coriander Thai Basil Red Cabbage Carrots		<b>Protein choice:</b> Low Carb chicken Garlic prawn Avocado Salmon (Cooked or Uncooked) Low carb grilled fish Low carb avocado Low carb Beetroot Low carb Bell Pepper (Capsicum)  <b>Sauces:</b> Hoisin Sweet chilli hoisin or mayo Tamarind Sweet miso (contains sesame oil)	   GF GF GF, V GF, V GF, V
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